

Stenciler's Style



Urban Zen

Crisp white pillows adorned with Moroccan patterns create an urban zen oasis anywhere. DIY in no time with our easy to follow instructions and Poly-fil® Premier Pillows by Fairfield.

What's Needed:

Poly-fil® Premier Pillows (16")- Fairfield
Tangier Stencil (59757)-Handmade Charlotte/Folk Art
Acrylic Craft Paint- Martha Stewart Crafts
Stencil Brushes #8
Yarn- Coordinating Colour
Pompom Maker or Cardboard (fingers can be used too)
Double Duel Thread (coordinate colour with yarn)- COATS
Sewing Needle

8" Non-Stick Scissors-Fiskars
Fabric Fusion Tape- Aleene's

How To Make It:



The Poly-fil® Premier Pillows are perfect for this project because you can stencil directly on the pillow case provided (no need to make an additional covering).

To begin, un-zip and open the pillow. Remove the Poly-fil and set aside.

Place a piece of paper or cardboard inside the pillow case. This will keep the paint from bleeding through the fabric while stenciling

Place pillow case on a flat work surface.

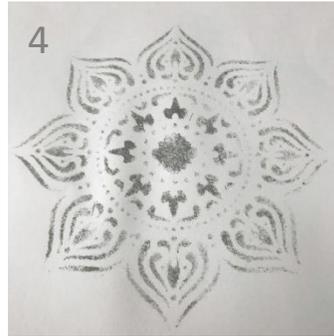
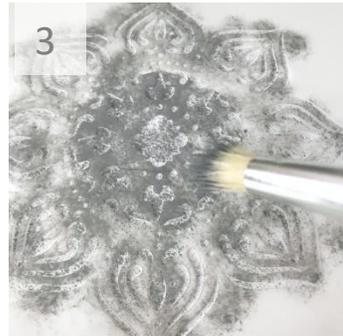
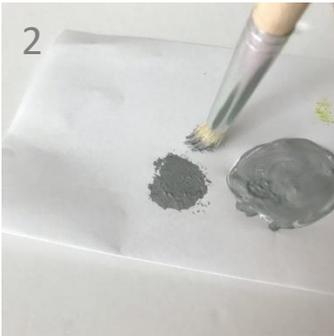




Gray Tangier Design

1-Create a palette using a piece of paper or aluminum foil. Squirt a dollop of gray paint on the palette.

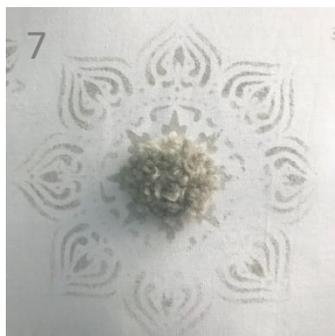
Note: We used regular acrylic craft paint to stencil our pillow. For this application it adheres well to the fabric and remain soft as the paint will be dry stippled. If preferred, select a fabric dye or add fabric medium to the paint.



2- To stencil this project use a drier brush. Dip the bristles in the paint then blot wet paint on the paper palette to remove some paint. Stenciled designs should look lightly worn.

3 & 4- Place stencil on the fabric, tape to hold if needed. Be sure paper or cardboard is under the stencil. Stipple (tap) the colour over the stencil. Remove stencil.

5-Continue stenciling a random pattern using the large and small designs over the case.



6- Make pompoms using a pompom maker, piece of cardboard or fingers. Remove paper or cardboard blotter from inside the case. *For instructional pompom PDF see our crafts page.*

7- Make and sew one 1 ½" pompom in the center of each large stenciled design. We used 7 pompoms.

8. Make and sew a 3" pompom on each corner of the pillow. 4 will be needed.



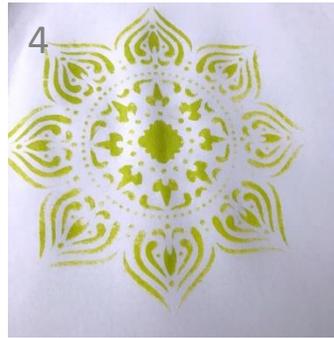
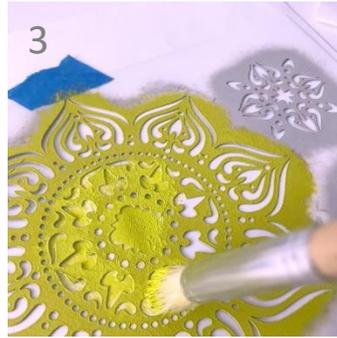
9- Place the Poly-fil® filling back into the pillow case. Close zipper to complete project.



Green Tangier Design

1-Create a palette using a piece of paper or aluminum foil. Squirt a dollop of green paint on the palette.

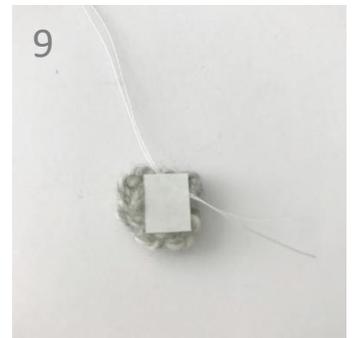
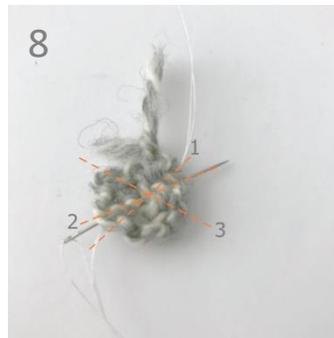
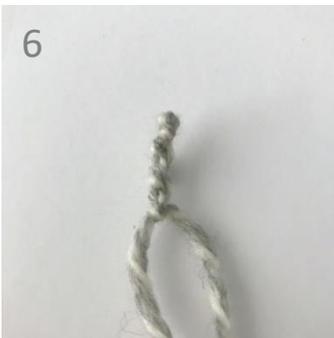
Note: We used regular acrylic craft paint to stencil our pillow. For this application it adheres well to the fabric and remain soft as the paint will be dry stippled. If preferred, select a fabric dye or add fabric medium to the paint.



2- If using a light colour paint as shown above, stencil the colour on heavier than the Gray Tangier Design. Blot the wet brush slightly to remove a some colour.

3 & 4- Place stencil in the center of the fabric, tape to hold if needed. Be sure paper or cardboard is under the stencil. Stipple (tap) the colour over the stencil. Remove stencil.

5-Continue stenciling one design one each side of the center design (5 designs total).



6-Cut a piece of yarn 15" long. Do not pull the yarn while measuring. Tie a knot in the center of the yarn. Continue knotting the length of the yarn to form a yarn chain.

7,8 & 9 Curl the chain around itself to form a spiral. Secure in place by stitching an X through the spiral. Tie thread in a knot to hold. Fold yarn ends onto the back and place a piece of Fusion Tape on top. Cut thread ends off.



10- Remove the release paper and place in the center of the of each design, We used 5. Make four 3" pompoms and attach one to each corner. *For instructional pompom & polka spot PDFs see our crafts page*

Place the Poly-fil® filling back into the pillow case. Close zipper to complete project.