

Basic quilting supplies

Fairfield Nature-Fil batting for design wall and inside quilt

Sulky® Blendables 30Wt for quilting

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Fabric A	Medium Teal Print	1 1/2 yds
Fabric B	Dark Brown Print	1 3/8 yds
Fabric C	Light Green	1 1/8 yds
Fabric D	Dark Blue Print	1/2 yd
Fabric E	Dark Brown	5/8 yd
Fabric F	Dark Tan	3/4 yd
Fabric G	Medium Tan Print	7/8 yd
Fabric H	Dark Blue	1/4 yd
Fabric I	Medium Brown Print	1/2 yd
Binding	I used a brown stripe - of course you may use fabric of your choice	1/2 yd
Backing and Matching Hanging Sleeve	Have some fun... do a busy back!	2 cuts of 2 1/4 yards ea.

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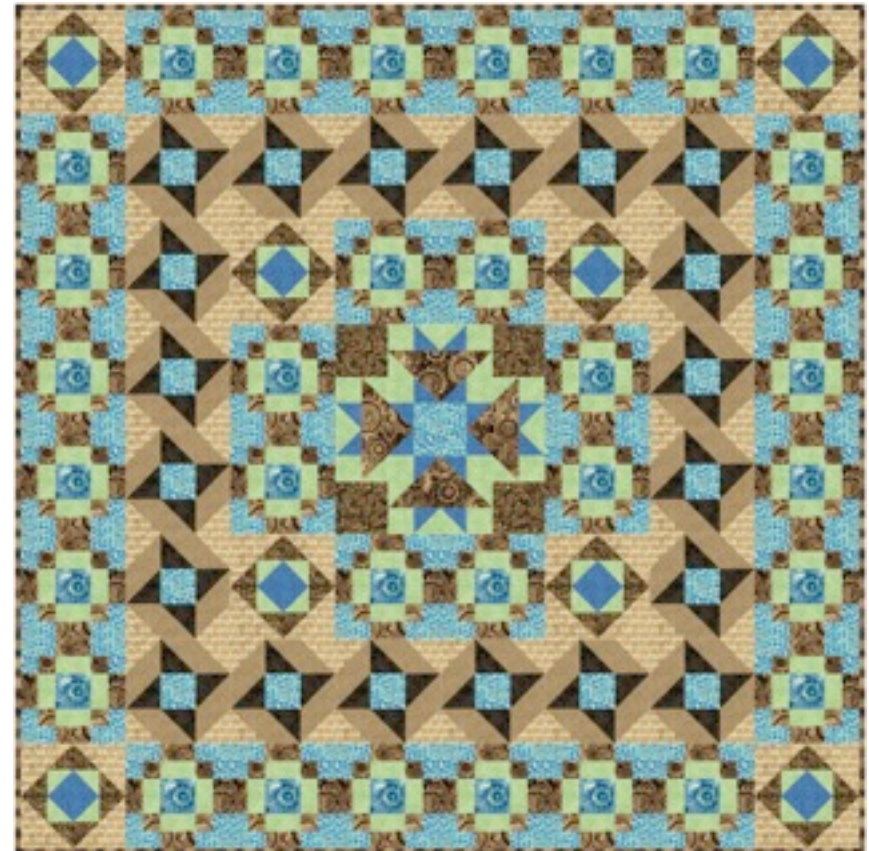
FHD-125
Crystal Sands



Crystal Sands

72" x 72"

Skill Level - Confident Beginner



Sample made using the Island Paradise-Cayuga collection by
Michele Scott for Northcott Silk



Linda J. Hahn
Frog Hollow Designs
www.froghollowdesigns.com



Crystal Sands

72" x 72"

Linda J. Hahn

Frog Hollow Designs

Level: Confident Beginner

This quilt is made using your three favorite colors in a variety of shades and textures. My sample was made using my BFF Michele Scott's Island Paradise collection for Northcott Silk.

IT IS VERY IMPORTANT that you read this pattern before starting. There are several piecing options and you will need to make decisions before you begin cutting.

Before you get started.....

1. Accurate 1/4" seam allowance is required unless otherwise directed.
2. Please read through all instructions before beginning, the diagrams are not to scale.
3. Lay out your pieces next to your machine before you sew. After you stitch, lay out the pieces back into the block so that you don't lose the orientation of the units.

Supply List:

Rotary cutter (with a new blade) and a self-healing mat

12 1/2" square ruler

Neutral thread for piecing

Angler II (Optional)

Sewing machine in good working order with a new needle

Fairfield Nature-Fil batting (to use as both design wall and quilt batting)

Sulky Blendables 30wt thread for quilting

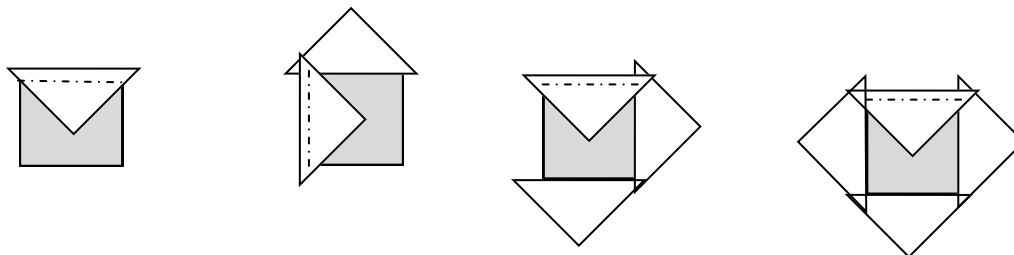
KK2000 for basting (if you are doing your own quilting)

I am a big fan of heavy starch. I starch my fabrics before I cut and during the entire piecing process. I think that starching keeps the strips from waving and the seams crisp.

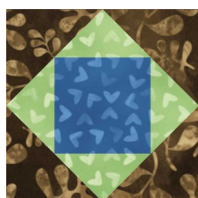
FABRIC	DESCRIPTION	CUTTING	WHERE USED
A	Medium Teal Print	(8) 3 1/2" x WOF strips (6) 2" x WOF strips (1) 5" square	Antique Tile block Friendship Star block Crows Foot block
B	Brown Print	(3) 3 1/2" x WOF strips (12) 2" x WOF strips (4) 2 3/4" x 5" rectangles	Crows Foot block Antique Tile block
C	Light Green	(3) 3 1/2" x WOF strips (6) 2" x WOF strips (2) 3 1/8 x WOF strips cut into (16) 3 1/8 squares cut in half on diagonal (4) 2 3/4 x 5" rectangles	Crows Foot block Antique Tile block Square in a Square block
D	Blue Print	(3) 3 1/2" x WOF strips	Antique Tile block
E	Dark Brown	(4) 4" x WOF strips cut into (40) 4" squares	Friendship Star block
F	Dark Tan	(4) 4" x WOF strips cut into (40) 4" squares	Friendship Star block
G	Medium Tan	(4) 4" x WOF strips cut into (40) 4 squares	Friendship Star block
H	Dark Blue	(8) 3 5/8" squares	Crows Foot block
I	Medium Brown	(8) 5 3/4 squares cut in half twice on diagonal	Square in a Square block
Binding	Stripe	(7) 2 1/2" strips	
Backing & Hanging Sleeve	Your choice - have some fun!	Two cuts of 2 1/3" yards each - seamed vertically. Backing yardage includes enough fabric for long arm machine quilting requirements and a matching hanging sleeve.	

Square in a Square block - Make 8 - Blocks finish at 9"

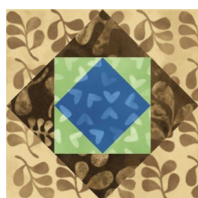
The first block we will be making is a variation of the Square in a Square block. The method is the same for each "round" (changing fabric to a different color).



Add a Fabric C triangle to each side of the $3\frac{5}{8}$ " Fabric H center square.



Add a Fabric I triangle to each side of the unit that you made in the step above.



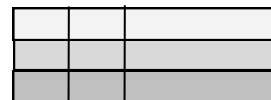
Add a Fabric G triangle to the unit that you made in the previous step.

Antique Tile block - Make 32 - Blocks finish at 9"

This block will be constructed using strip piecing. Starching your fabrics heavily will help keep the strips straight. You will be making three different strip sets. They are all constructed in the same fashion.

I would suggest that after you cut the strip by WOF, you cut that strip in half so that you have approximately 20"-22" of the strip to work with - the strips are easier to handle and there is less of a tendency to bow.

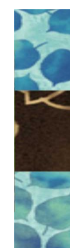
Each strip set will be cross cut across the width of the strip into smaller sets.

**STRIP SET #1 - Make 3 strip sets - Cross cut the strip sets into (64) 2" units**

3 1/2" strip of Fabric A

3 1/2" strips of Fabric B

3 1/2" strips of Fabric A

**STRIP SET #2 - Make 3 strip sets - Cross cut the strip sets into (64) 2" units**

2" strip of Fabric A

2" strip of Fabric B

3 1/2" Fabric C

2" strip of Fabric B

2" strip of Fabric A

**STRIP SET #3 - Make 3 strip sets - Cross cut the strip sets into (32) 3 1/2" units**

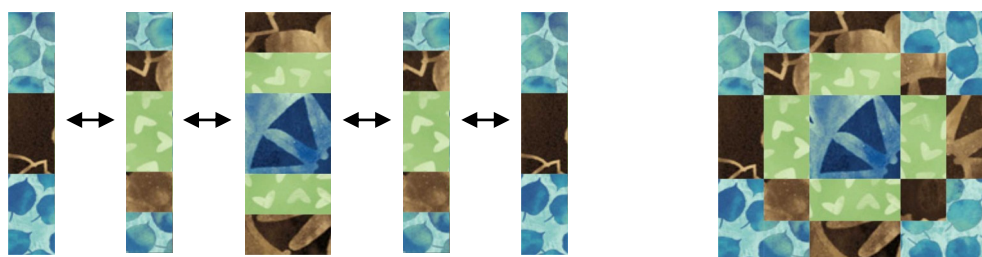
2" strip of Fabric B

2" strip of Fabric C

3 1/2" strip of Fabric D

2" strip of Fabric C

2" strip of Fabric B

**Following the images, assemble the units into (32) blocks**

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Friendship Star block - Make 8 - Blocks finish at 9"

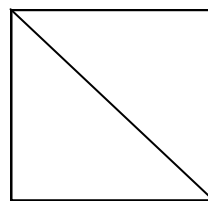
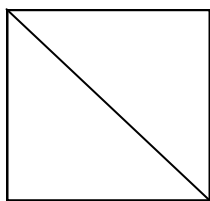
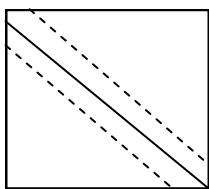
This star block uses Half Square Triangles in two different color combinations. The HST units will finish at 3".

Making the Half Square Triangle Units:

Using your favorite marking pencil, draw a diagonal line from corner to corner on each of the 4" Tan squares.

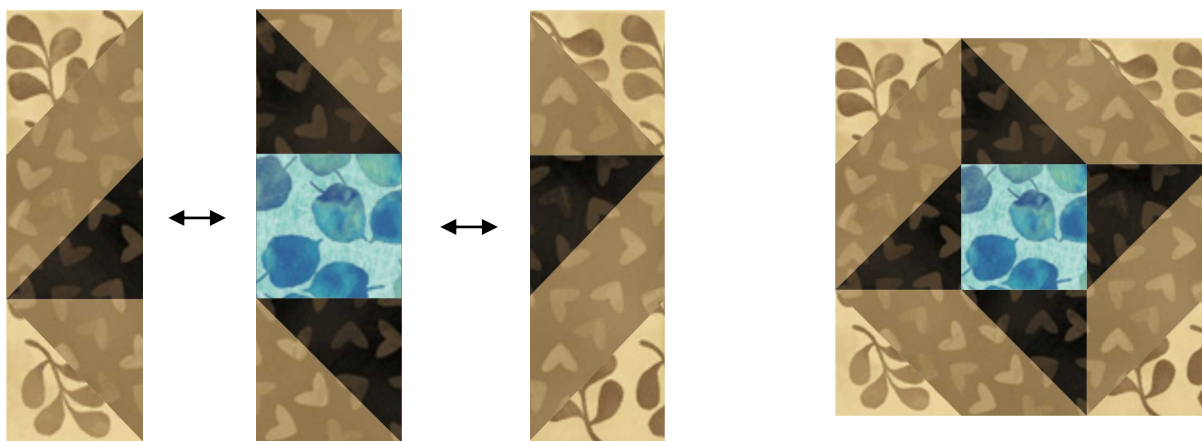
Place one 4" square of the Tan RST with a 4" square of the medium/dark fabrics. Stitch $\frac{1}{4}$ " away on each side of the drawn line.

Cut apart on the drawn line and press towards the darker fabric. Each of these HST units should measure $3\frac{1}{2}$ " Unfinished.



Make sure that you lay out the blocks next to your sewing machine as you construct the blocks so that you keep the continuity of the color placement in each of the blocks.

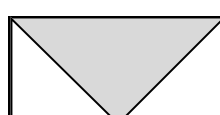
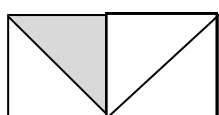
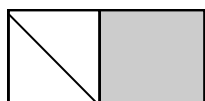
Cut two of the $3\frac{1}{2}$ " Fabric A strips into (20) $3\frac{1}{2}$ " squares



Crow's Foot block - Make 1 - block will finish at 18"

The center block uses a technique called "connector squares".

Draw a diagonal line from corner to corner on the wrong side of the square which you will be using for the triangle shape. Place the a square of the designated size onto the designated background - paying attention to the direction of the diagonal line. Stitch ON the diagonal line. Fold the square over onto itself to create a triangle. There are now three layers of fabric in the corner. Carefully cut away the center fabric (which will be the triangle fabric) approximately 1/4" away from the stitched line.



Connector a 2 3/4" square of Fabric H onto each side of a 2 3/4" X 5" Fabric C rectangle.



Connector a 2 3/4" square of Fabric H onto each side of a 2 3/4" X 5" Fabric C rectangle.



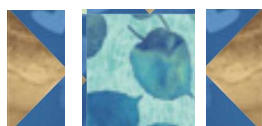
Connector a 2 3/4" square of Fabric C onto each side of a 9 1/2" Fabric B rectangle.



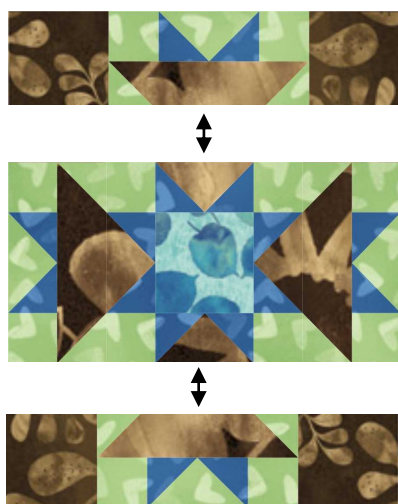
Add a 2 3/4" Fabric C square to each side of the H/C unit. Following the image, attach this unit to the top of the BC unit. Make (4)



Following the image, attach a 2 3/4" Fabric C square to each side of two HB units. Add an HB unit to two opposite sides of the 5" square of Fabric A.



Stitch these rows together to form a star.



Referring to the image - add a 5" square of Fabric B to the sides of two of the large connector units.

Add a large connector unit to two opposite sides of the Star block.

Stitch the rows together to create an 18 1/2" unfinished block.

Referring to the color image of the quilt on the cover (or the black and white image of the quilt on the next page) Assemble the quilt in three sections.

My quilt used Island Paradise/Cayuga collection by Michele Scott for Northcott Silk. It was quilted in an all over design using variegated thread.

Piecing border or binding strips:

Always cut your borders on the straight of grain of the fabric, never on the bias because they will stretch out of shape. If possible, buy enough fabric and cut the borders on the lengthwise grain (parallel to the selvedge edge). Before you cut your borders, trim off the selvedge edge. The selvedge edge has a tighter weave that you don't want in your project.

When piecing border fabric, sew them together with diagonal seam. It will be less noticeable than a straight seam.

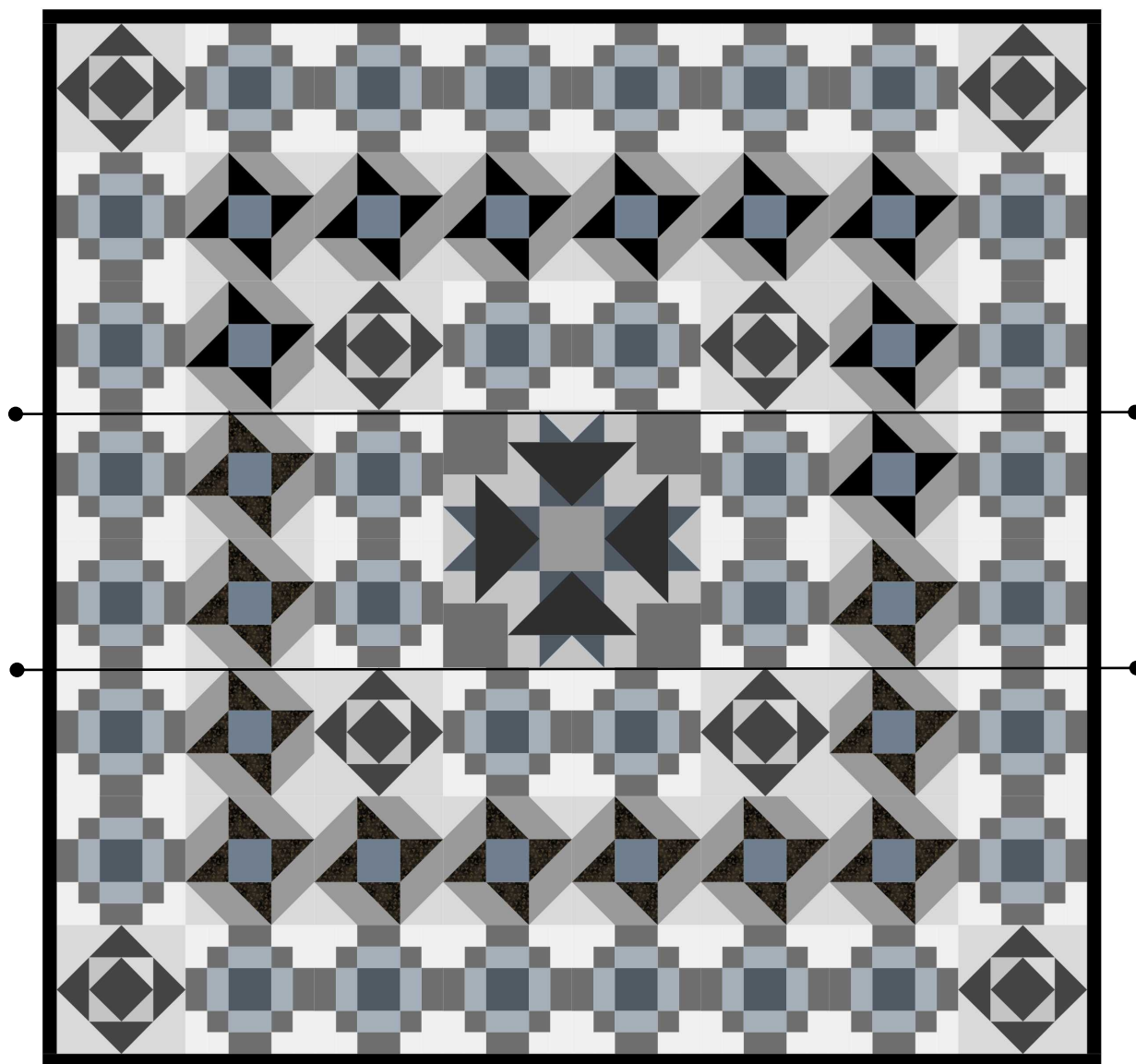
Instructions are written in good faith. In the event of an error, please contact us. We will post any corrections on our website—www.froghollowdesigns.com. We cannot be responsible for differences in individual abilities, cutting or sewing errors.

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Assembling the Blocks into the Quilt Top

Lay the blocks, out on your floor or design wall. Once you have them laid out into the correct orientation, begin stitching into sections.

Stitch the sections together, matching seams and pressing as you go.



Layer, baste and quilt as desired! Bind, label and enjoy!!

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