

Scoop It Up!

by

Sandy Fitzpatrick



Finished Size 32" x 21½"





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This is an easy applique pattern, which may be assembled by hand or machine.

If you choose to applique by hand, you will need to add the appropriate turn under amount to each pattern piece. For machine applique, you will need fusible web to adhere your pieces to the background fabric and then stitch around each piece with your favorite method of machine appliqué (buttonhole/blanket stitch, satin stitch, etc.). Please follow the instructions with your particular fusible as they sometimes vary.

These designs will be reversed when ironed onto your background fabric.

Dotted lines represent overlap of two fabrics.

Fabric Requirements:

Background and Border - 1 yard
Ice Cream Scoops - Scraps 6" x 6" (3 colors)
Cones - Fat Quarter
Cherries - Scrap of red
Inner Flange - $\frac{1}{8}$ yard
Backing - $\frac{3}{4}$ yard
Binding - Scraps or Fat Quarters
Batting - Fairfield Machine 60/40 Blend - 38" x 27"
and Fairfield Needlepointed Polyester Evergreen
batting - 2 layers - 23" x 14" (for trapunto look)
Fusible Web - $\frac{1}{2}$ yard

Cutting Directions:

Background - Cut one rectangle 27" w x 16 $\frac{1}{2}$ " h
Border - Cut 2 strips 3 $\frac{1}{2}$ " x 16 $\frac{1}{2}$ "
Cut 2 strips 3 $\frac{1}{2}$ " x 33"
Inner Flange - 3 strips 1" x width of fabric
Binding - 24 rectangles - 2 $\frac{1}{2}$ " x 8"

1. Trace each of your pattern pieces onto the paper side of fusible web, leaving approximately $\frac{1}{2}$ " around each pattern piece. Be sure to number them accordingly. Roughly cut your fusible web pieces apart, leaving about $\frac{1}{4}$ " outside the drawn line.

2. I like to trim out the center fusible area on large pieces so that there isn't a buildup of fusible which can make your design too stiff. To do this, simply cut the center from your fusible web, leaving approximately $\frac{1}{4}$ " from the inside drawn line. Be very careful with larger pattern pieces so that you don't distort your design when you begin to iron this "strippy" piece down.

3. Lay each piece on the **WRONG** side of the appropriate fabric and fuse. Cut each piece out on your drawn line.

4. Since you are dealing with an applique design that has numerous pieces, an applique press sheet will make your life so much easier! It has a surface that allows your applique pieces to be ironed to it and then peeled off when it has cooled. It's also slightly transparent so that your drawn applique design can be placed under the press sheet and still be visible to place your pieces in the exact spot. I have a tutorial on my blog, <http://sandyfitzpatrick.wordpress.com> on how to use an applique press sheet.

5. Although my patterns are reversed for you to trace your design onto fusible web, you do need to flip your pattern sheet over and use a light box or sunny window to trace your design on the back of the pattern sheet. This will ensure that your design will look like the finished quilt when you are ready to fuse it to your fabric and you can place this under your applique press sheet as a guide for fusing.

6. Lay your applique press sheet on your ironing board and place the pattern sheet underneath so that your drawn design can be seen through the press sheet. Remove the paper backing from your pieces and begin layering your design by placing the #1 piece down first, lightly press in place. Continue to add pieces in the numbered order. Make sure appropriate pieces overlap so no gaps are showing.

7. When all the pieces have been fused in place, let your design cool and then peel it from your press sheet.

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8. Now you are ready to fuse your ice cream cones to your background fabric. Fold your background fabric in half and finger press to find the center of your fabric. Center your middle ice cream cone and then place the other two cones on each side, leaving approximately 3 inches between them.

9. When you are happy with the placement, fuse in place.

10. After the final fusing to the background, you are now ready to begin the applique process. Stitch, using a blanket stitch, a satin stitch, or raw edge stitching. You may use matching or contrasting thread.

11. Apply Flange - When all of your cones have been appliquéd, apply the inner border flange to your background fabric. Fold your flange strips in half WRONG sides together and press so that you have three strips that are now ½" in width.

12. Line the raw edge of this inner border fabric up with the cut edge of your background fabric. Using a ¼" seam allowance, sew this folded inner border to the top and bottom of your background fabric, trim, and then sew to each side of the background fabric, and trim. Be sure that the raw edges of the inner border fabric are even with the raw edges of the background fabric.

13. Now add your borders. Sew the two short border strips to each side, press, and then sew the longer border strips to the top and bottom. Press.

14. I chose to add extra batting to the back of the cones so that they would stand out with a trapunto look when the quilt is finished. This is an optional step but if you want to add this extra detail, place your appliqued piece down wrong side up on a flat surface and place two layers of Fairfield Needlepointed Polyester batting on top.

15. Flip everything over and place a couple of pins in your cones to keep the batting from shifting.

16. Stitch around each of your ice cream cones (I used an invisible thread) and then trim the excess batting from each cone. Be very careful here. I would suggest using a pair of blunt scissors so that you don't accidentally cut through your background fabric.

17. Now, layer your quilt, backing, batting (Fairfield Machine 60/40 Blend) and quilt top. Stitch around the ice cream cones through all layers and then quilt. I like to do lots of whimsical free-motion quilting here. Just think stippling with a little fun attitude!

18. When all quilting is done, add a sleeve, a label, and your binding. Stitch your binding strips together end to end using diagonal seams, press wrong sides together and stitch to your quilt. Enjoy!

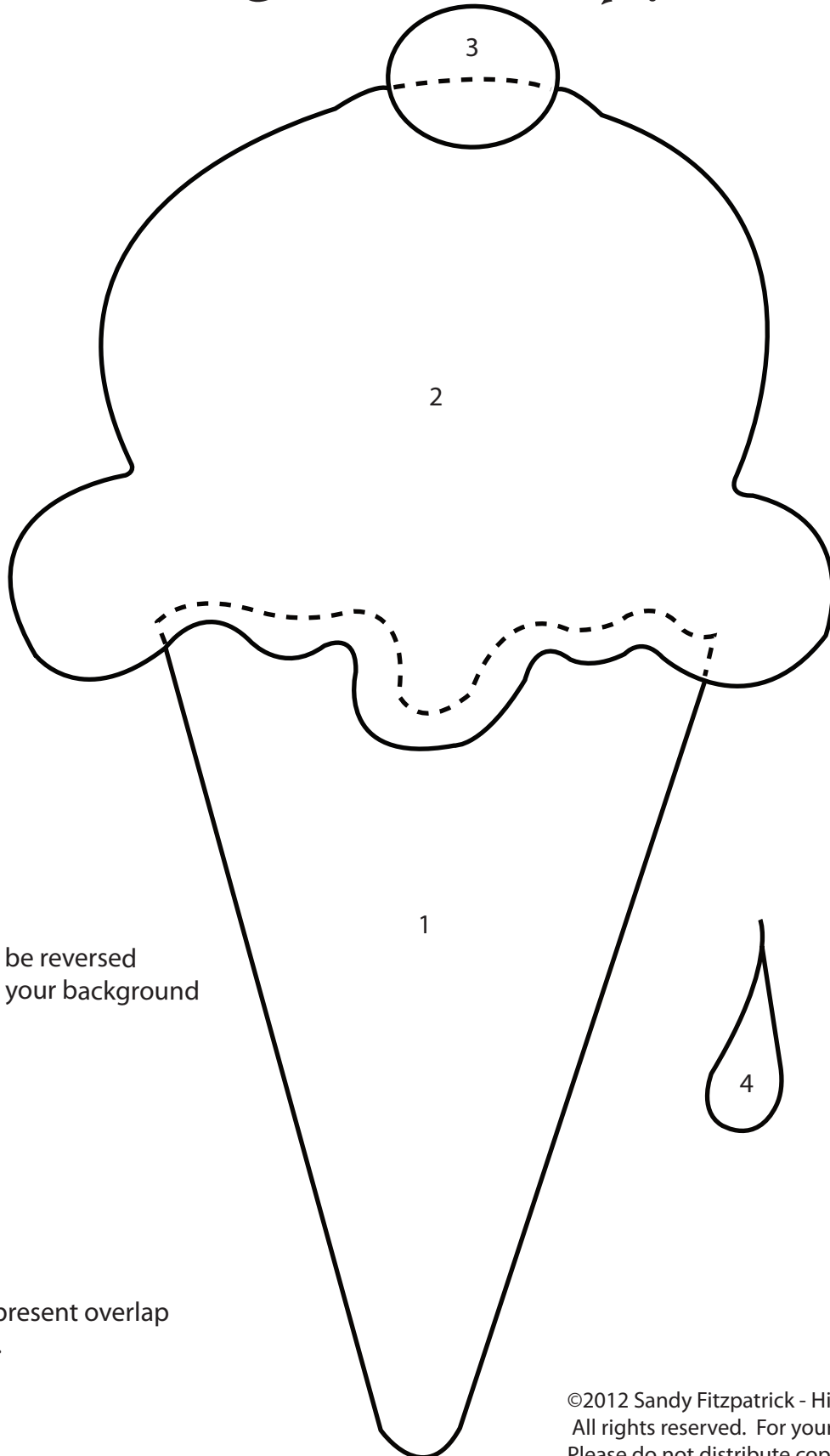
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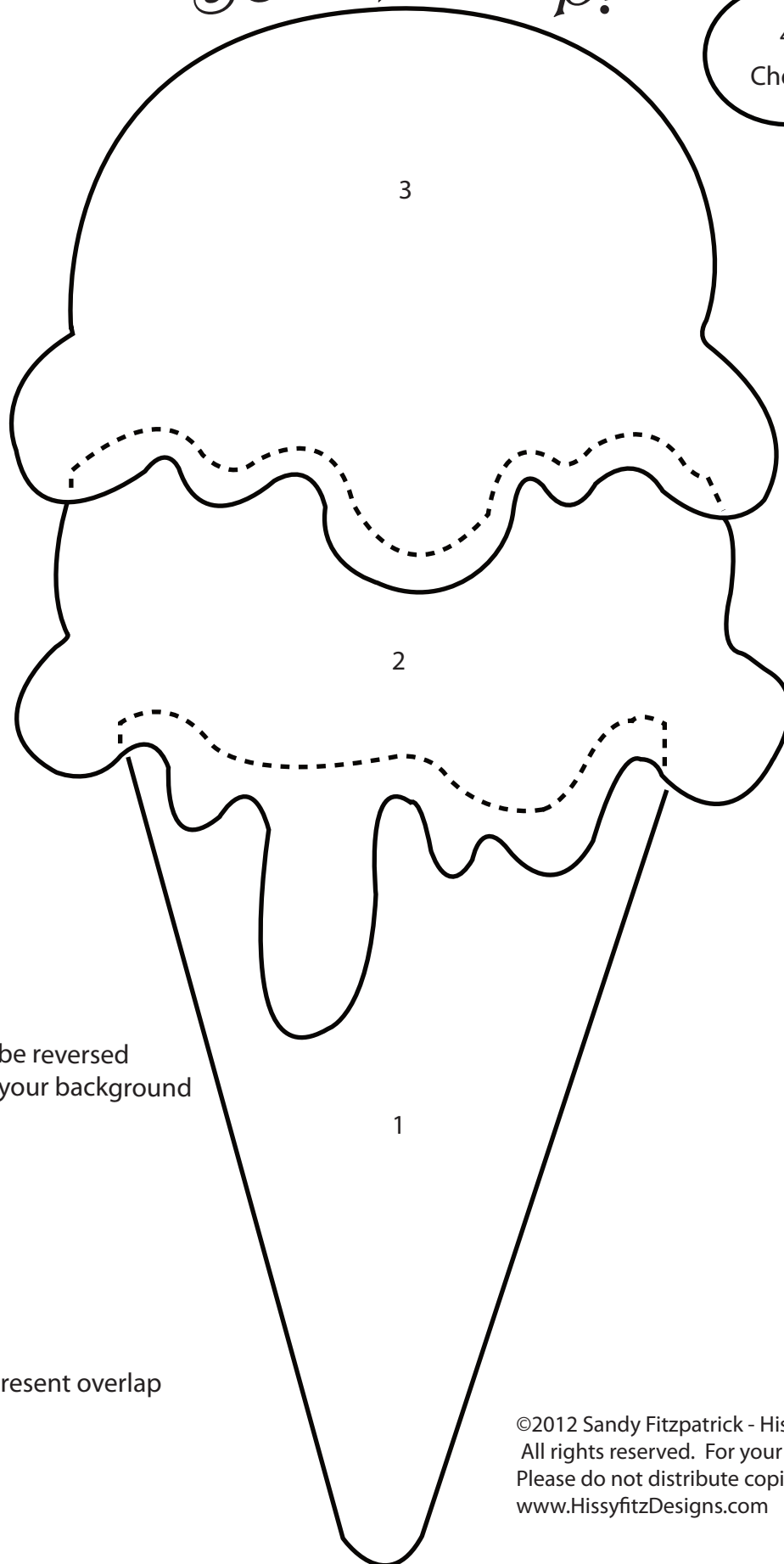
This design will be reversed when ironed to your background fabric.

Dotted lines represent overlap of fabric pieces.

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Scoop it Up!

4
Cherry



This design will be reversed
when ironed to your background
fabric.

Dotted lines represent overlap
of fabric pieces.

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