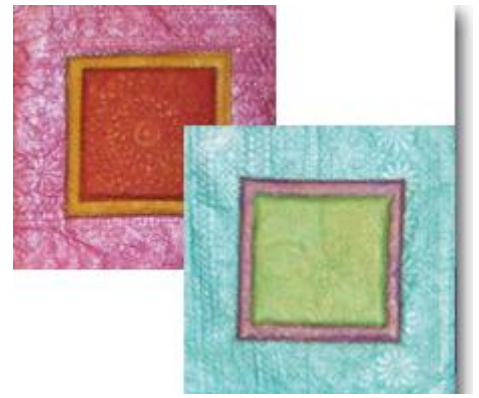


Cool Tone Embossed Batting Quilt Block

By Rebekah Meier



Materials:

- Nature-Fil™ Bamboo Batting cut into the following sizes:
 - 12 ½” Square
 - 6” Square, cut with decorative edge scissors
 - 4” Square, cut with decorative edge scissors
- Lumiere® by Jacquard: Metallic Acrylic Paint
 - Pearlescent Turquoise #571
 - Citrine #542
 - Halo Violet Gold #557
- 12”-13” Lengths of Lace (various widths) or Crochet Lace Doilies to cover Batting
- 18 Kt. Gold Leaf Pen
- Textile Medium (Fabric Painting Medium), any brand
- Iron
- Water
- Spray Bottle
- Baking Parchment Paper
- Sewing Machine and Thread to Match Paint Colors
- Other Supplies: decorative edge fabric scissors, ruler, scissors, paper towels

Instructions:

1. Mix 1 part textile medium with 1 part water. Pour mixture into a spray bottle.

2. Cut 2 pieces of parchment paper slightly larger than the 12 ½” size batting square.
3. Place the batting onto the parchment paper and mist it with diluted textile medium. The batting should be moist but not saturated.
4. Place lengths of lace or doily onto the misted batting, until completely covered.
5. Cover the lace with parchment paper. At this point, the batting and lace should be sandwiched between 2 pieces of parchment paper. With iron set to cotton setting, press the parchment paper, ironing firmly onto the batting. Turn the parchment/batting over and press again, ironing each side.
6. Remove the parchment paper. Gently pull the lace or doily from the batting to reveal an embossed lace image. Let dry.
7. Repeat steps 1-6, embossing the 4” and 6” squares of batting.
8. Mix 1 part acrylic paint with 1 part water. Spray light coats of the mixture onto embossed batting. Let dry. Keep spraying layers of acrylic onto embossed batting until completely covered, letting each coat dry before adding the next. Let dry. Paint squares as follows:
 - a. 12 ½” - Pearlescent Turquoise
 - b. 6” – Halo Violet Gold
 - c. 4” - Citrine
9. Using Leaf Pen, edge around the perimeter of each block. Optional.
10. Center finished, embossed/painted batting squares, on top of each other and machine topstitch in place with matching thread.