

# Starina Pillow



**Designed by Chloe Anderson & Colleen Reale of Toadusew**

**Pattern provided compliments of Fairfield Batting**

*Sample shown here features Dupioni Silk by DellaQ,  
Bamboo Batting & Feather-fil® Pillow Form by Fairfield.*



## Supply List

- ✓ One 20" Fairfield Pillow Form, see "Selecting A Pillow Form" (below) for additional information.
- ✓ 8 fat quarters in assorted silks or prints
  - 1 for each color used on front of pillow
  - 2 for overlap opening on backside of pillow
- ✓ Fairfield Bamboo Batting (smallest size)
- ✓ Mylar or similar material for making templates
- ✓ Sewing machine and general quilting supplies

## General Instructions

- Piecing is done with a ¼ inch seam allowance placing fabric right sides together unless stated otherwise. Seam allowances have been included in all cut sizes.
- Rotary cutting will give the most accurate cut.
- This pattern is appropriate for quilters of intermediate skill. Instructions assume that the person completing this project has a working knowledge of basic quilting techniques and the required tools and supplies.
- Questions and comments about this pattern can be sent by email to [info@toadusew.com](mailto:info@toadusew.com) or via postal mail: Toadusew Creative Concepts 8668 Navarre Pkwy #370, Navarre FL 32566

## Types of Pillow Forms

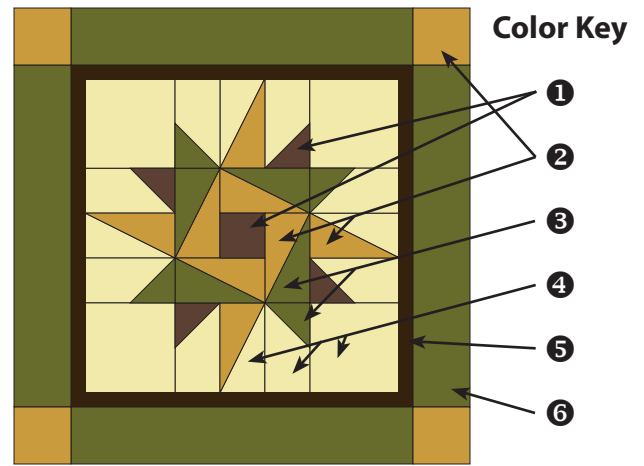
**Nature-Fil™ Bamboo** This pillow form has been compared to the comfort and performance of down-filled pillows. A 100% cotton shell, 100% bamboo viscose fiber filling.

**Feather-fil®** perfect for traditional, formal or cozy cottage style pillows that conform to shapes and deliver decorator results. 100% cotton feather and down-proof cover, 95% feather and 5% down filling.

**Home Elegance®** - Deluxe 100% cotton jacquard cover with a fine 300 thread count. It gets its plush texture from siliconized polyester micro denier gel fiber that guarantees lasting decorator results.

**Soft Touch®** This luxury pillow insert has the "look" and "feel" of down and is a best seller among crafters. They are filled with 100% Soft Touch® Poly-fil Supreme polyester fiberfill and feature a 65% polyester 35% cotton, 200 thread count high quality cover.

**Crafters Choice®** These quality pillow forms are the soft, yet supportive, economically priced pillow inserts. 100% polypropylene cover, 100% polyester fiberfill.



## Cutting the Instructions

### From Color ① cut:

- five 2 ½" x 2 ½" squares

### From Color ② cut:

- eight pieces cut from template
- four 4" squares

### From Color ③ cut:

- four pieces cut from template
- four 2 ½" x 2 ½" squares

### From Color ④ cut:

- four pieces cut from template
- four 4 ½" x 4 ½" squares
- eight 4 ½" x 2 ½" strips

### From Color ⑤ cut:

- two 14 ½" x 1" strips
- two 15 ½" x 1" strips

### From Color ⑥ cut:

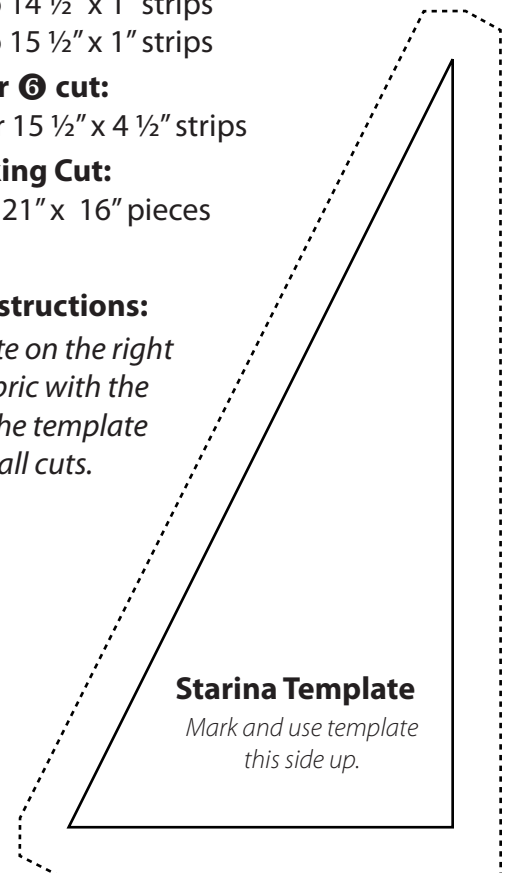
- four 15 ½" x 4 ½" strips

### From Backing Cut:

- two 21" x 16" pieces

### Template Instructions:

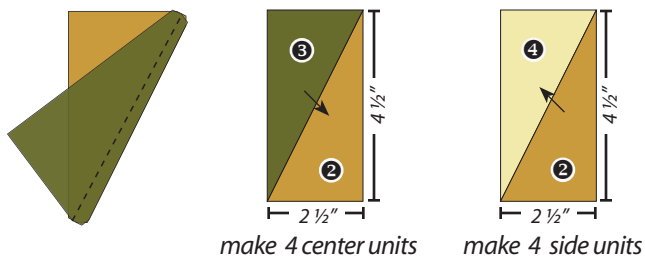
Place template on the right side of the fabric with the right side of the template facing up for all cuts.



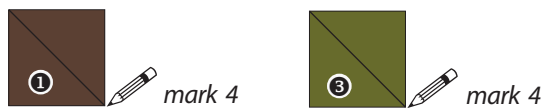
# Ready, Set, Sew!

## Sewing the Template Pieces

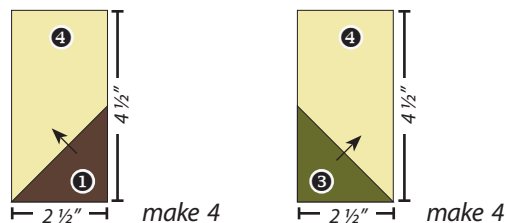
Using the color ②, ③ and ④ pieces cut with the Starina Template make the units listed below. Line the pieces up right sides together along the diagonal side, as illustrated. Sew along the diagonal edge using a scant  $\frac{1}{4}$ " seam. Press as indicated by arrows.



Mark a diagonal line on the wrong side of the color ① and ③  $2\frac{1}{2}$ " squares.

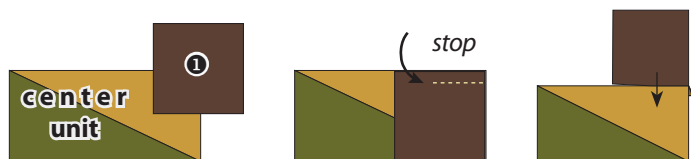


Using these squares and the  $2\frac{1}{2}$ " x  $4\frac{1}{2}$ " color ④ strips, make the units listed below, as illustrated. Press as indicated by the arrows.

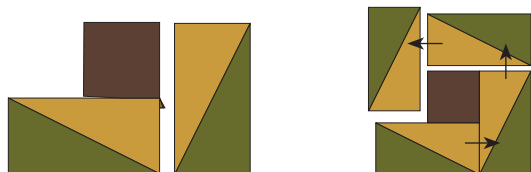


## Making the Center of the Block

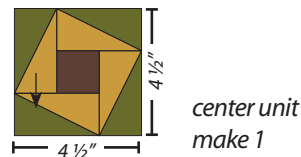
Position the  $2\frac{1}{2}$ " color ① square over top of a center unit, right sides together as illustrated. Sew the pieces together, stopping halfway, the unfinished seam will be closed when you add the final side unit. Finger press as indicated by arrows.



Add the remaining center units one at a time, working counter clockwise. Press as indicated by arrows.

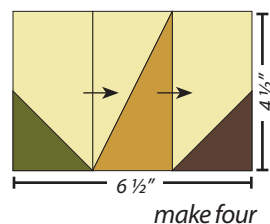


After adding the final center unit, finish sewing the first center unit to the center square. Press as indicated by arrows.

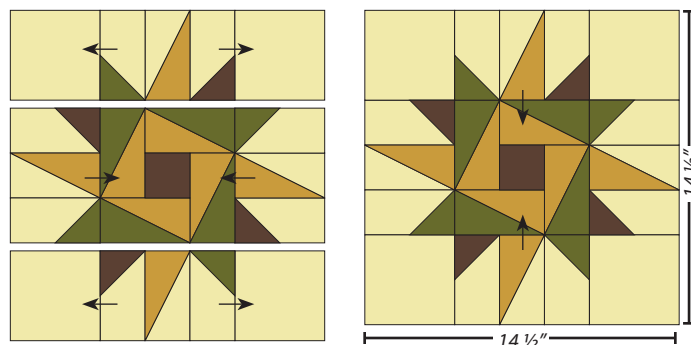


## Making the Sides

Sew and press the remaining units together as illustrated.

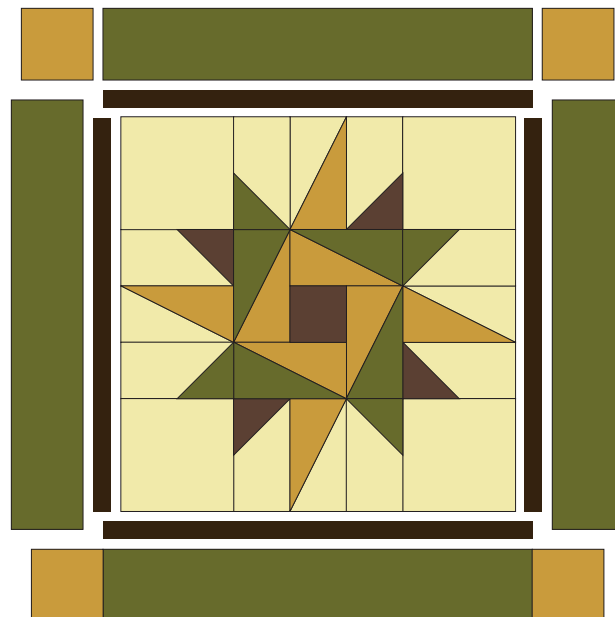


Sew these units together with the center unit and  $2\frac{1}{2}$ " color ⑤ squares into rows as illustrated.



## Adding the Borders

When the center of the quilt is complete add borders. Press all added borders away from the quilt center.



# Finishing the Pillow

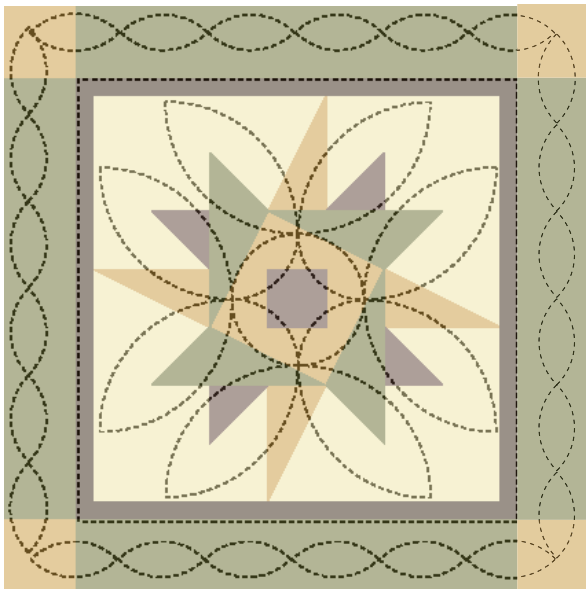
## Preparing to Quilt

- Cut batting and quilt back, piece together, if required, so that they exceed the size of the quilt top on all sides by 2-4 inches. Iron both the back and the top.
- Mark the quilt top, if required, prior to layering and basting your quilt. Once this is done, use your preferred method to layer and baste the quilt.
- Using any scraps, assemble a practice quilt sandwich. Attach a walking foot and stitch a line. Check the stitches on the top and bottom of the practice sandwich. Make any adjustments to stitch length and top tension, retest if necessary until desired results are achieved.

## General Quilting Tips

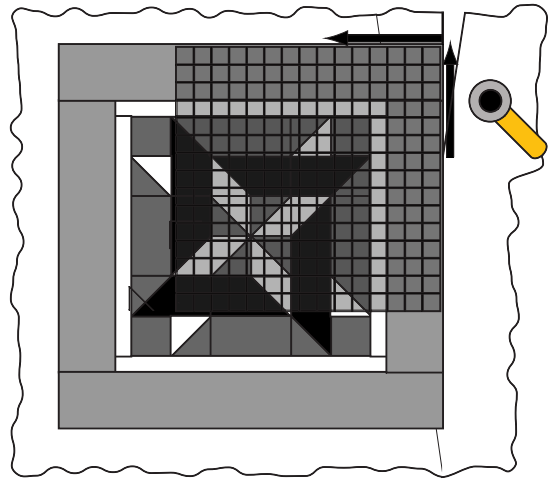
- Quilting in the ditch should be done first as it will stabilize the quilt for any additional quilting. Work in straight lines across the quilt starting from the center. Finish any quilting that can be completed with the walking foot prior to free motion quilting.
- Pull your bobbin thread up to the top by holding the top thread and dropping your needle up and down once. Pull the top thread back up to the top and the bobbin thread will follow it.
- You can lock stitches by gently holding the fabric in place and allowing the feed dogs to move the quilt under the needle in very small increments. Sew 6-8 small stitches and release pressure.

## Simple Quilting Suggestions



## Trimming A Quilted Project

Trim all corners to the same measurement using a large square ruler. Trim the remainder of the quilt using the corners as your guide.



## Making the Back of the Pillow

Fold over and press  $\frac{1}{2}$ " on one long side of both backing pieces. Then fold over  $\frac{1}{2}$ " again and top stitch along the edge of the fold.

## Assembling the Pillow

1. Layer the pillow top and the two pieces of backing RST, with the raw edges of the pillow top and backing pieces together. The sewn edges of the pillow backing will be overlapping in the middle of the pillow back.
2. Mark the pivot points  $\frac{1}{2}$ " from the edges. Sew around the edges using  $\frac{1}{2}$ " seam. Backstitch at the beginning and end to secure your stitches.
3. Carefully trim the batting from the seam allowance and trim the corners as illustrated.
4. Turn the pillow inside out from the opening in the back pieces.

