

# *Poppies*

by Laura Wasilowski  
for Fairfield Designer Block Party



## **Materials:**

12 1/2" x 12 1/2" gradation colors for background  
10" x 10" of green for ground, stems, and leaves  
4" x 6" of blue for flower, flower base, and bud  
3" x 3" of dark blue for flower center and bud base  
2" x 2" of dark green for flower back  
12.5" x 12.5" backing fabric  
6" x 14" binding fabric  
12 1/2" x 12 1/2" batting  
1 1/2 yards fusible web (#805 Wonder Under recommended)  
Black Sharpie marker or lead pencil  
Rotary cutter, ruler, mat  
Machine quilting thread

## **Directions:**

1. Fuse all the fabrics (except backing fabric). Follow the directions that come with the fusible web.
2. After the fabric cools, carefully remove the release paper that comes with the fusible web. Remove it in one sheet. Save the release paper for pattern transfer (Steps 5 – 8) below.
3. Place the background fabric on the batting and backing fabric. Fuse-tack into place.
4. Cut the ground and stem fabric on the bias to form 2 triangles. Cut a strip measuring about 1/4" wide from the long side of one of the triangles to form the stems (Step 11).
5. Place the release paper on the ground pattern. Trace the pattern with the marker or pencil.
6. Place the marker side of the release paper onto the glue or fused side of the other triangle of ground fabric. Fuse the paper in place for 5 seconds. Let the fabric and paper cool.
7. Carefully remove the release paper from the fabric. The ink will transfer to the glue.
8. Cut out the ground shape just inside the black line.
9. Repeat Steps 5 – 8 for the remaining pattern parts making 2 large leaves, a small leaf, a flower, bud, flower back, flower center, and a flower and a bud base.

10. Center the ground about 1.5" up from the bottom edge of the background fabric. Fuse-tack into place.
11. Place the flower about 2" down and 2" in from the right top edge of the background fabric. Slip the flower center just under the front of the flower. Fuse tack into place.
12. Add the flower back and flower base to the back of the flower. Fuse-tack into place.
13. Place the flower stem on the flower base and fuse-tack into place. Fuse and curve the stem in an arch down to the ground. Snip to size.
14. Add the leaves, bud, and bud base. Fuse-tack into place.
15. Join the bud base to the flower stem with the remaining stem fabric. Clip to size.

### **Fused Binding Directions:**

1. Steam set the quilt top for 10 seconds (using a dry pressing cloth) to set the glue.
2. Hand stitch or machine stitch the quilt.
3. Trim the quilt square with a ruler and rotary cutter and add a rod pocket if necessary.
4. Cut 4 binding strips (fused fabric) measuring about 1 1/4" wide with a decorative rotary cutter blade. Cut 2 strips the length of the quilt for the side bindings. Cut 2 strips the width of the quilt plus 2" for the top and bottom binding.
5. Place the quilt right side up on the release paper and overlap the side binding about 1/2" on top of the side of the quilt. Fuse-tack into place. After the fabric cools, remove the quilt from the paper and fold the binding onto the back of the quilt. Fuse-tack into place.
6. Repeat Step 5 for the other side of the quilt.
7. Place the quilt right side up on the release paper and center the top binding strip across the top edge of the quilt. (There will be a 1" flap extending from each end of the quilt.) Overlap the binding about 1/2" onto the top edge. Fuse-tack into place.
8. After the fabric cools, remove the quilt from the release paper and cut off 1/2" triangles from the top outside corners of the binding flaps.
9. With the wrong side of the quilt facing up, fold the 2 side flaps of the top binding strip in toward the quilt. Align the fold with the edge of the quilt. Fuse-tack into place.
10. Fold the corner of the binding down to the back edge of the quilt at a 45 angle as if wrapping a package.
11. Fold the rest of the binding down on the back of the quilt. Make sure the corners are crisp and square. Fuse-tack into place.
12. Repeat Steps 7 – 11 for the bottom binding.
13. Steam set the binding on both sides. Stitch the binding by machine or by hand.

**For more information about fusing, read Laura's books *Fusing Fun! and Fuse and Tell* or watch her DVD *Laura Wasilowski Teaches You to Create Fused Art Quilts* all published by C&T Publishing. Look for her new book *Fanciful Stitches, Colorful Quilts* available Feb., 2011.**

**For more about the fabrics used in this pattern visit:**



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**Poppies** by Laura Wasilowski © 2009

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- 10" x 10" ground, stems, and leaves
- 4" x 6" for flower, flower base, and bud
- 3" x 3" for flower center and bud base
- 2" x 2" for flower back

