

**Pattern by:** Tricia T. Santamaria

**Materials/Supplies Needed:**

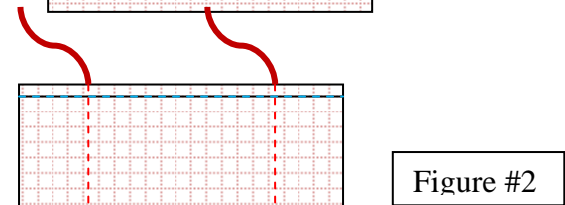
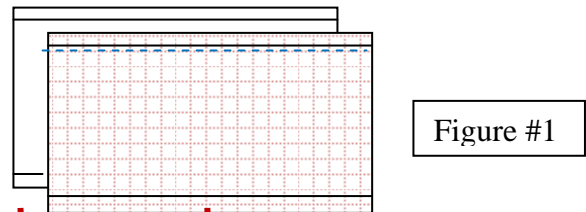
- Eight dish towels
- Four 14" x 14" x 2" pieces of NU-Foam®
- Two spools thin satin ribbon
- One large doll needle or embroidery needle with large eye
- Sewing needle and thread



**Instructions:**

- 1) Pair two dishtowels together with right sides facing out and hand or machine stitch along edges inside of hems (Figure #1)
- 2) Insert the 14" x 14" inch piece of Nu-Foam® between the dishtowels.
- 3) Thread the thin satin ribbon through the needle. Stitch across the dishtowels at the edge of the Nu-Foam® cushion leaving about 12" of ribbon on each end (Figure #2) Make sure you knot the ribbon on each end.

Note: The extra length of ribbon is to tie the cushions under the picnic bench so they will stay put.



**Variation:**

You can do all the sewing by machine and then stitch a 1" x 12" piece of ribbon between the two hems on the corners of the cushion. (Figure #3)

