

## "If the Shoe Fits"

Finished Size: Pillow 14" x 18", Quilt  
or Pillow 14" x 28"

PLEASE READ ALL INSTRUCTIONS BEFORE BEGINNING. 1/4" seams are used unless otherwise specified. Dimensions may vary based on seam allowance used. For best results, use high-quality 100% cotton fabrics. Basic quilting knowledge is necessary. Have fun!

### General Information:

All appliqué is done with fusible web. Images have been reversed on appliqué patterns. Raw edges are finished with close zigzag or blanket stitch. Use a fabric stabilizer or white tissue paper when doing machine appliqué to keep the fabric from puckering.

### Materials for Quilt:

11" x 25" piece of aqua cotton for background  
Scraps of 4 cotton prints for appliquéd shoes  
1/4 yard stripe for borders  
1/2 yard backing  
1/2 yard Fairfield Nature-fil® Bamboo batting  
1/4 yard for binding  
1/2 yard fusible web  
9 large white sequins  
2 decorative buttons – 1 yellow flower, 1 orange/white swirl  
9 small glass beads  
1 pink 1/2" round button  
1 lime green 1" round button  
Embroidery threads – brown, aqua

### Cutting for Quilt

Side borders – 2 rectangles 2 1/4" x 10 1/2"  
Top/bottom borders – 2 rectangles 2 1/4" x 28"  
Background – 24 1/2" x 10 1/2" rectangle  
Binding – 2 strips 2 1/2" wide x the width of the fabric or the number of strips needed for 90" of binding  
Fairfield Nature-fil® Bamboo Batting – 1 square 31" x 17"  
Backing – 1 rectangle 31" x 17"

"If the Shoe Fits", designed by Joni Pike 2010



### Quilt Appliqué

1. Fuse and cut appliqués according to the appliqué patterns. Follow fusible web manufacturer's instructions. Refer to the quilt photo for fabric selection and pattern placement.
2. Machine-appliqué all raw edges using a zigzag or blanket-stitch.



### Borders

1. Sew on side borders and press seams toward borders.
2. Sew on top/bottom borders and press seams toward borders.

### Finishing the Quilt

1. Layer backing, batting, and quilt top.
2. Baste and quilt by hand or machine.
3. Make the binding or use ready-made binding.
4. Sew the binding on the quilt.
5. Sew on buttons, sequins, and beads. Refer to the appliqué patterns and quilt photo for placement.
6. Don't forget to add a quilt label. Enjoy!

### Pillow 14" x 28"

1. Follow steps for quilt but do not add binding.
2. Sew on buttons, sequins, and buttons.
3. Measure the quilted pillow front and cut a rectangle from backing fabric the same size.
4. Sew to the pillow front with right sides together, leaving an opening for turning.
5. Turn right side out, insert a Fairfield Soft Touch \* 14" x 28" pillow form, and sew opening closed.

### Pillow 14" x 18"



### Materials for 14" x 18" Pillow:

Fairfield Soft Touch \*pillow form – 14" x 18"  
Scraps cotton fabrics for shoe  
1/2 yard white cotton for pillow front  
1/2 yard black cotton velvet for pillow back  
1/4 yard fusible web  
2 yards black jumbo rickrack  
15" x 19" rectangle of Fairfield Nature-fil®  
Bamboo batting  
8 large aqua sequins  
8 small glass beads  
Black thread and embroidery floss

### Cutting for Pillow

Pillow front – 1 rectangle one inch larger than the pillow size to allow for 1/2" seam allowance from both white cotton and Nature-fil®  
Bamboo batting

"If the Shoe Fits", designed by Joni Pike 2010

Pillow back – 2 rectangles 15" x 13"

### Assembling the Pillow

1. Fuse and cut appliques according to the applique pattern. Follow fusible web manufacturer's instructions. Refer to the pillow photo for pattern placement.



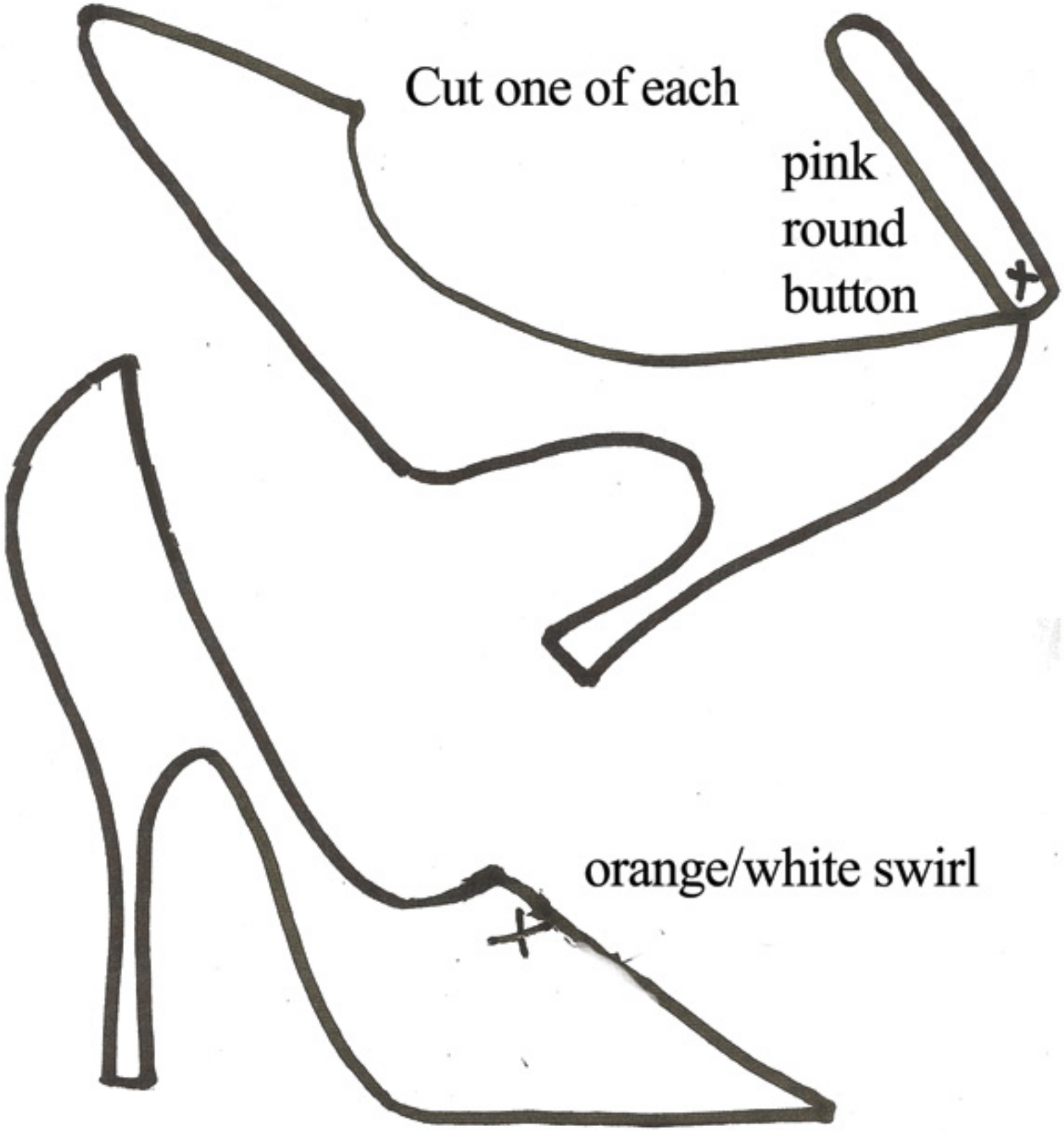
2. Trace the lettering to the pillow front.
3. Layer a piece of batting behind the white cotton and embroider letters in black. (Hint: the batting behind the white cotton pillow front hides the embroidery threads and knots. It also gives the pillow front a bit of structure for embellishments.)
4. Sew on sequins and beads.
5. Sew jumbo rickrack to edge of pillow front so that the trim edge is created as pictured.
6. Press a hem along one 15" end of each pillow back section, pressing a 1" fold and then folding over 1" again. Machine stitch the hem. (Hint: Use a walking foot to sew the hem.)
7. Place both back sections right sides together with the pillow front so that there is overlap to tuck in the pillow form.
8. Sew the pillow back to pillow front and turn right side out. (Hint: Use a walking foot to sew the pillow together.)
9. Insert the pillow form.
10. Enjoy your new pillow!!!



[www.poly-fil.com](http://www.poly-fil.com)

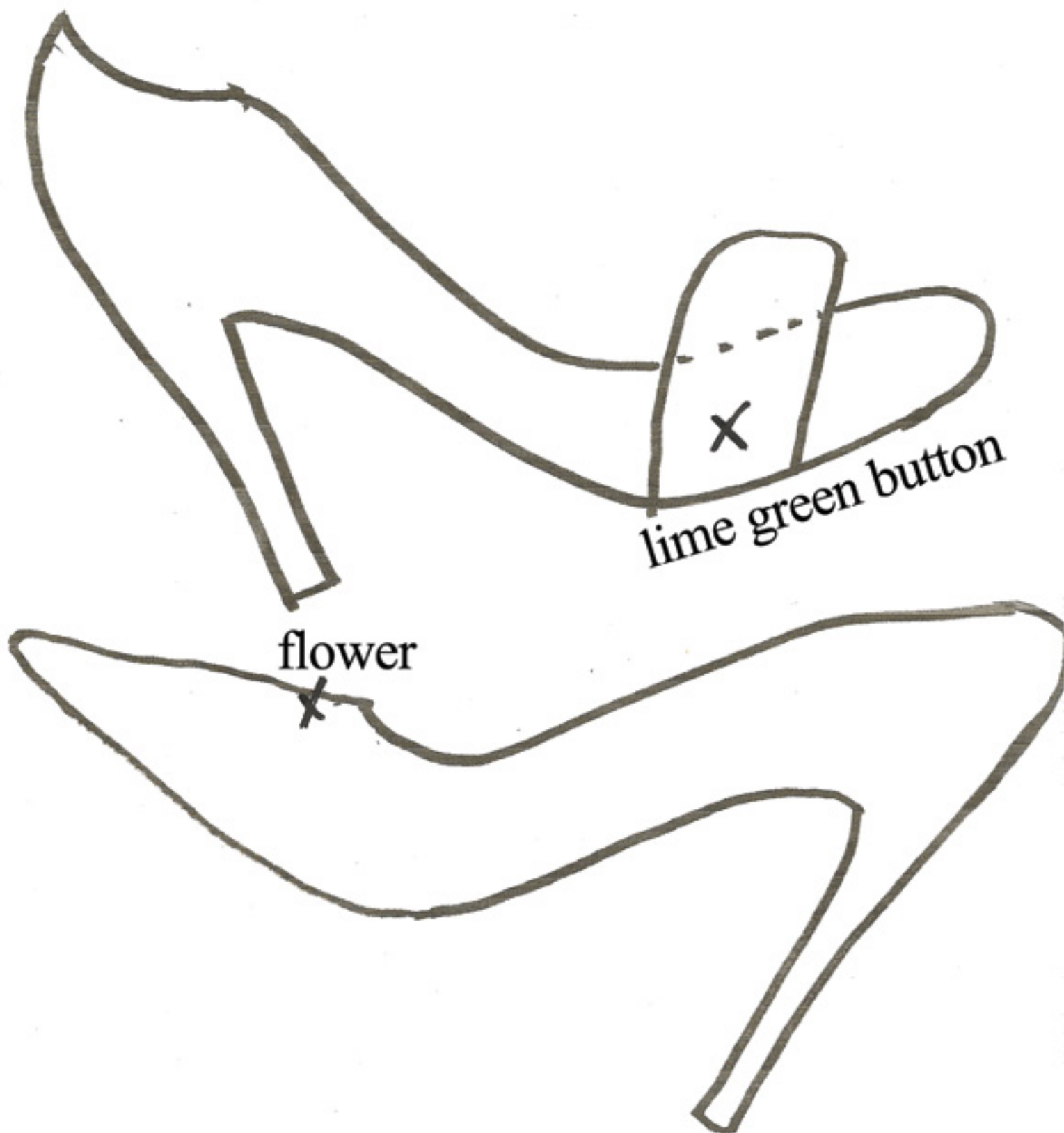
Cut one of each

pink  
round  
button



orange/white swirl

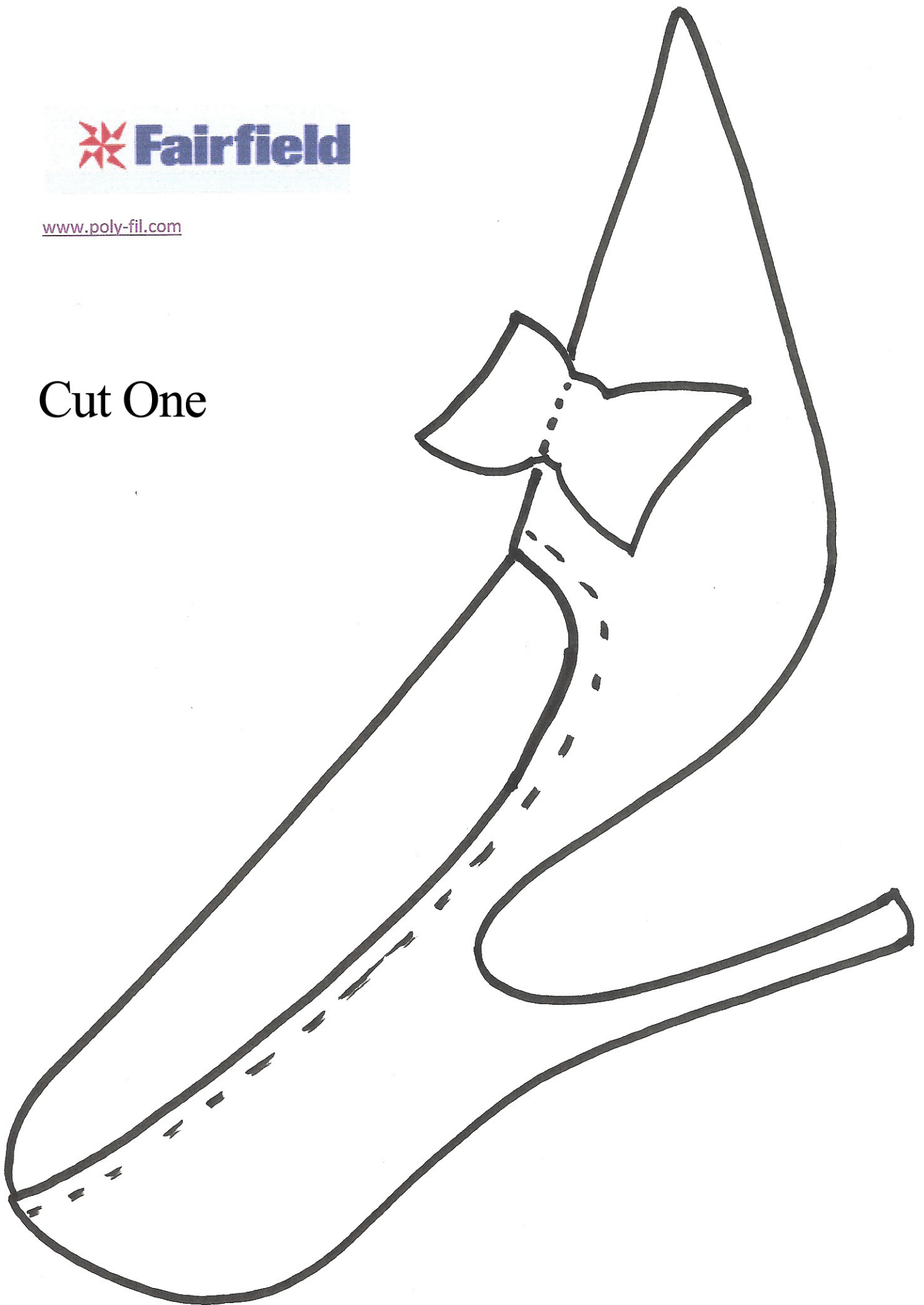
Cut one of each





[www.poly-fil.com](http://www.poly-fil.com)

Cut One





[www.poly-fil.com](http://www.poly-fil.com)

A girl can  
always use  
another  
pair of shoes